

For us, nothing is more important than providing a reliable and convenient solution that works for everyone in your family. Whether you or a loved one needs assistance running errands and buying groceries once a week, or require more constant 24-hour care, we can help. Contact us to begin building a program to fit your specific needs and lifestyle while preserving independence and dignity.

Companionship/Home Helper Services:

- Provide Respite Care
- Monitor Diet & Eating
- Check Food Expirations
- Assist with Bedtime
- Arrange Appointments
- Provide Medication Reminders
- Answer the telephone
- Escort for Shopping and Errands
- Aid with Reading
- Assist with Walking
- Record & Journal Family History
- Safety Checklists
- Provide Light Housekeeping
- Plan & Prepare Nutritious Meals
- Wash & Put Away Dishes
- Change Linens & Make Beds
- Dust Furniture
- Stimulate Mental Awareness
- Assist with Entertaining Guests
- Answer the Door
- Reminisce about the Past
- Assist with Clothing Selection
- Care for Houseplants
- Discuss Historical Events
- Participate in Crafts
- Play Cards & Games
- Go to the Movies
- Oversee Home Deliveries
- Drop Off/Pick-up Dry Cleaning
- Pick-up Prescriptions
- Escort to Appointments
- Organize & Clean Closets
- Assist with Pet Care
- Plan & Prepare Future Meals
- Attend Club Meetings
- Care for Alzheimer's disease
- Supervise Home Maintenance
- Prepare Grocery Lists
- Clip Coupons for Shopping
- Monitor TV Usage
- Mail Bills & Letters
- Buy Magazines, Papers, or Books
- Rents & Play Movies
- Organize Family Recipes
- Plan Outings, Visits, & Trips
- Visit Friends & Family
- Read Religious Material
- Escort to Religious Services
- Maintain Calendar & Appointments
- Accompany to Meals
- Attend Plays & Concerts
- Encourage Daily Activity
- Maintain Safe Home Environment

Personal Care Assistance: (Setup, Prompting, and Supervision Only)

- Eating
- Dressing
- Toileting/Incontinence Care
- Grooming
- Bathing
- Mobility

Specialized Services:

- Couples Care/Dual Client Care
- Behavior Management
- Arthritis Care
- Alzheimer's and Dementia Care
- Parkinson's Care
- Other Chronic Conditions

How Home Instead Senior Care is Different:

- Your loved one will receive services from CAREGiverssm who are thoroughly screened, trained, bonded, and insured.
- Our goal is to match a client with a CAREGiversm who they are able to form a compatible relationship.
- There will be a formal introduction when meeting a new CAREGiversm.
- A routine Quality Assurance check will be done regularly by a trained staff member.
- Support available for you, your family, and our CAREGiverssm on a 24/7 basis, any day of the week any hour the day or night, 365 days a year.

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